CDC SHORTENED ISOLATION & QUARANTINE GUIDANCE FOR COVID-19 (EFFECTIVE 12/28/2021)

If You Test Positive for COVID-19 (Isolate)

EVERYONE, REGARDLESS OF VACCINATION STATUS.

- Stay home for 5 days from symptom onset.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.
- If you have a fever, continue to stay home until your fever resolves without fever-reducing medications.

If You Were Exposed to COVID-19 (Quarantine)

IF YOU:

HAVE BEEN BOOSTED

OR

COMPLETED THE FULL SERIES OF PFIZER OR MODERNA VACCINE WITHIN THE PAST 6 MONTHS

OR

COMPLETED THE FULL SERIES OF J&J VACCINE <u>WITHIN THE PAST 2</u> <u>MONTHS</u>

- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- If you develop symptoms, get a test and stay home until symptoms resolve.

IF YOU:

COMPLETED THE FULL SERIES OF PFIZER OR MODERNA VACCINE OVER 6 MONTHS AGO AND ARE NOT BOOSTED

OR

COMPLETED THE FULL SERIES OF J&J VACCINE WITHIN <u>OVER 2</u>

<u>MONTHS AGO AND ARE NOT</u>

BOOSTED

OR

ARE UNVACCINATED

- Stay home for 5 days. After that, continue to wear a mask around others for 5 additional days
- Test on day 5, if possible.
- If you develop symptoms, get a test and stay home until symptoms resolve.

This guidance is subject to change.

Please contact the Erie County Health Department COVID-19
Information Line with questions at (419) 626-5623 x5170.

